

I'd like to share a few bits of information while we are all managing our recovery through the current, fast changing health situation with COVID-19. Please find your health information on government and NHS websites and perhaps avoid getting COVID-19 information from social media. At the time of writing our government has asked (not ordered) that non-essential social gatherings be suspended. AA meetings are not non-essential social gatherings. In addition, we can make our meetings safer.

This is the notice posted on our national AA website for Great Britain from 12/02/20:

[https://www.alcoholics-anonymous.org.uk/Members/Coronavirus-Disease-\(COVID~19\)-Notice](https://www.alcoholics-anonymous.org.uk/Members/Coronavirus-Disease-(COVID~19)-Notice)

This is a link to AA online meetings that are available nationally and from English Speaking Europe.

<https://www.alcoholics-anonymous.org.uk/AA-Meetings/Find-a-Meeting/online>

There are also email meetings available from AA Worldwide

<http://e-aa.org/links/links.php?ID=7> (this link will help you access official AA email groups).

Mid Surrey will soon have an email AA group. Check the website for details.

I am aware of 3 MSIG meetings that are temporarily suspended due to COVID -19. The venue has been withdrawn in each case.

They are the Sober Sunday Meeting, the First Things First Thursday Meeting at Lifeworks and (after tonight) – Woking Priory Monday too.

Our website meeting list is updated regularly and will be your best first source of information. If a regular meeting is not listed on the website it will have temporarily been suspended.

NB. A meeting may choose to use different venues. The Quakers in Guildford have suggested that meetings with no venue can contact them as they may be able to offer one.

It is important that if your meeting is temporarily suspended, moves location or shuts down altogether, that you let Mid Surrey Intergroup know.

Please email MSIG meeting information changes to Karla eclo@aamidsurrey.org.uk,

Stef secretary@aamidsurrey.org.uk and Catherine vicechair@aamidsurrey.org.uk

Please also let GSO know about meeting changes for the national meeting list.

Temporarily suspended meetings are probably best to be removed and then later relisted online, so there is no confusion. The way to do this on the national website is here:

[https://www.alcoholics-anonymous.org.uk/aa-meetings/submit-your-meeting-information-\(pink-form\)](https://www.alcoholics-anonymous.org.uk/aa-meetings/submit-your-meeting-information-(pink-form))

I am keeping a list of male and female members who happy to talk to **any** recovering alcoholic – new and old - who is feeling isolated. Ask me for these contact numbers – and let me know if you would like to be part of this MSIG phone support network. The 0800 Helpline will also have these numbers to hand.

The MSIG 12th Step List and the helpline will remain dedicated to people trying to find AA.

Please contact me with any ideas, suggestions, or concerns.

Please see the “Suggestions for safer AA meetings – MSIG/COVID-19”.

Keep in regular touch with each other face to face, or online and/or by telephone.

All the very best to you all,

Alice N, Chair of the Mid Surrey Intergroup of AA

E: chair@aamidsurrey.org.uk

M:07773 369081 (message or phone me anytime)