

[www.aamidsurrey.org.uk](http://www.aamidsurrey.org.uk)

1. Keep in touch with members who are not attending meetings due to the risk of COVID-19.
2. Make members aware of our local website where there is information re online meetings, Email groups and a MSIG face to face meeting list that will be up to date (as far as possible) and not list the temporarily suspended meetings.
3. If no dishwasher is available - bring your own cup to drink from (have some disposable cups available too). Serve individually wrapped biscuits. Consider stopping the tea service temporarily.
4. Place seats much further apart. 2m apart is ideal.
5. Temporarily suspend holding hands for the Serenity Prayer.
6. To keep others and yourself safe - to check before hugging/kissing others and keep a distance (ideally 2m) when chatting.
7. Make extra tissues available (catch it, bin it, kill it).
8. Make sure bathrooms have toilet tissue and soap (bring spares).
9. Stop passing the pot. Let people put money in a pot on the secretary's desk before and/or after the meeting. Some groups use a contactless card reader for some/all meeting contributions.
10. Stop passing literature – consider having one reader for books and using photos on a phone for images of other group readings.
11. Consider holding meetings outdoors (there is one such in Wimbledon I'm told).
12. Inform group members and Intergroup officers immediately if any member contracts COVID 19 (with which meetings they attended recently if known). Keep meeting information up to date online.

Please remember that each group is autonomous. Talk with each other, hold a group conscience and make your own decisions for your group bearing in mind government instructions as they evolve. The MSIG committee members are happy to talk things through and be a resource to gather and disseminate information and ideas.

Keep in touch with me re. your ideas, and concerns and ask me for phone numbers of sober members happy to talk to those who cannot get to meetings at this time.

Alice  
07773 369081  
[chair@aamidsurrey.org.uk](mailto:chair@aamidsurrey.org.uk)

CHECK OUR WEBSITE OFTEN  
[www.aamidsurrey.org.uk](http://www.aamidsurrey.org.uk)